

## Journey Through A Body

Kate Cooper, Luki von der Gracht,  
Christina Quarles, Nicole Ruggiero,  
Tschabalala Self, Cajsa von Zeipel

## Accompanying program

Prior registration is required for all events:  
[bildung@kunsthalle-duesseldorf.de](mailto:bildung@kunsthalle-duesseldorf.de)

5 June 2021, 6–7:30 p.m.

Lecture

Kai van Eikels

Queer kawaii: Gender  
and the Play of Line

Cuteness pulls everything into two dimensions and before sending it back out to expand: the body emerges anew from a drawing. Kawaii culture makes it possible to test how playing with lines and proportions can change physical reality. Queer cosplay dissolves the boundaries between male and female, young and old, humans, animals, and things, and introduces other, more exciting distinctions. What awaits us beyond the binary?

11 June 2021, 6–7 p.m.

Performance

Cristiana Cott

Negoescu

SURPLUS //  
ÜBERFLÜSSIG

In our society, standards of beauty cause us to feel, consciously or unconsciously, exposed to the constant pressure of having to optimize ourselves. Cristiana Cott Negoescu will devote a one-hour performance to this topic. She will recite a poem that she composed which deals with self-criticism and the inability to conform to ideals of beauty, while “optimizing” her body in an excessive performative gesture.

13 June 2021, 2–5 p.m.  
8 July 2021, 2–5 p.m.  
Workshop

## SCHLAU Düsseldorf Sexual and Gender Diversity – What Is That Exactly?

SCHLAU is an education and anti-discrimination project on gender and sexual identities. In workshops with school classes, adolescents, and young adults, it offers the opportunity to talk to young lesbian, gay, bisexual and pansexual, trans, non-binary, aromantic, asexual, and queer people. Using pedagogical methods and evaluated concepts from anti-discrimination and human rights work, it introduces these subjects in an accessible and relaxed manner, spreads knowledge, and encourages an active exchange. Various life circumstances and biographies, individual coming-out stories, experiences of discrimination, as well as prejudices and role models are discussed.

During the workshop as part of the exhibition *Journey Through A Body*, SCHLAU will engage in a dialogue with the participants. Together we will look for solutions for a non-discriminatory world in which everyone can be themselves without fear.

19 June 2021, 2–5 p.m.  
Workshop

## Sissy Schneider Body Reconstruction

Whether online or in print media, we are constantly confronted with images of the body. How is this flood of images reflected in our own perception of our bodies? How can the diversity of bodies be represented? How can norms and ideals be deconstructed? Collage as a technique of deconstruction and reconstruction lends itself to working on these questions in a practical way. In the workshop for the exhibition *Journey Through a Body*, participants can work with images of their own or from the Internet and magazines. We will examine and reimagine body images and conventions conveyed through the media.

19 June 2021, 6–8:30 p.m.  
Workshop

## ZOE Voguing Workshop: Female Figure Performance

“Female Figure Performance” is a category of ballroom in which people with female gender expression compete. Through the dance elements of voguing, a style of dance that has its roots in the New York Black and Latinx LGBTQI+ or ballroom community, the body is presented in a hyper-feminine aesthetic. Ballroom is inclusive, and this workshop is aimed at anyone interested in learning the elements of voguing and experimenting with female gender expression in a safe space.

25 June 2021, 4:30–5:30 p.m.  
Performance

## Dominik Geis neon grey

In the vocal performance *neon grey*, Dominik Geis will create a kind of androgynous character. His voice will be underlaid with catchy audio collages and synthesizer sounds and accompanied by a video installation. The result is an atmospheric interplay of sound and imagery that causes the shades of gray between “andro” and “gyn” to resonate.

**1 July 2021, 5–5:30 p.m.**  
Lecture performance

## Defrag Zine my gaze hits the side of my face

Mirrors make it possible to perceive our own body. Are we in an active position of looking, or are we being looked at? Mirrors reflect light and slightly reduce its speed. That means we never see ourselves at the exact moment when we gaze into the mirror. Mirrors can thus be understood as a medium of time travel. Does gazing into a mirror enable a form of queer temporality in which people marked as “different” create a self-determined utopia? In his lecture performance, Defrag Zine dares to venture into the labyrinth of mirrors.

**4 July 2021, 12–4 p.m.**  
Workshop

## Sofia Strunden and Leonard Leyens Liquid Bodies

The workshop *Liquid Bodies* deals with body language and its de-stereotyping. Using a variety of methods, different forms of physical expression will be abstracted and examined with regard to self-identification. With a real-time projection based on motion sensors, we will open up a space for reflection which makes it possible to experience our own body and its movements beyond internalized categories.

**4 July 2021, starting at 2 p.m.**  
Lecture

## VACZINE How to Overcome the Body

VACZINE is a virtual art collective that operates in cooperation and collaboratively. Existing power structures – inside and outside the art world – can only be countered with multiple perspectives and a variety of voices. To this end, VACZINE creates platforms for discourse and meeting places in order to bring different voices together. *How to Overcome the Body* is an artistic research series that deals with the possibilities of digital space, the relationship between the body and virtuality, and its political dimensions. Can visual attributes such as gender and ethnicity and physical abilities be undermined by technology, or is this a utopian concept?

**14 July 2021, 10 a.m. – 1 p.m.**  
Workshop

## Markus Orths The Zebra in the Museum: How to Write a Story

What is “normal,” and how do we react when something seems “different” or new to us? For example, what if a speaking zebra suddenly appears or someone has two dads, as in Markus Orths’s children’s book *Das Zebra unterm Bett* (*The Zebra under the Bed*). Calmly and with an open mind! This is how the story goes, and it’s also what the artists in the exhibition *Journey Through A Body* hope for.

In the workshop, the participants will embark on a journey of discovery through the exhibition with the author. They will collect ideas for their own stories and write them down – with tips from a professional writer. Markus Orths’s latest book *Ein Elefant macht Handstand* (*An Elephant Does a Handstand*) was created in collaboration with his daughter Lola. The two tell a story and at the same time teach us how to write exciting stories ourselves. In the workshop there will also be many other books to discover on topics such as the body, family, and sexuality.

In cooperation with Literaturbüro NRW e.V. and the Stadtbücherei Düsseldorf.

17 July 2021, 6–7:30 p.m.  
Lecture

## Margarita Tsomou An Attempt at Planetary Feminism

In this lecture, feminism is conceived as a planetary method, as the positing of a caring relationship with the world; this includes both social relations and relations with mate- riality, other species, and nature-cultures. The aim is to broaden feminism beyond the struggle for equal rights for the subject “woman”, while seeking out entanglements between patriarchy, capitalism, colonialism, and extractivism. Updated ecofeminist approaches are conceived in connection with approaches from speculative materialism, decolonial feminism, and struggles for social welfare and a post-growth society – for “more- than-human worlds.”

22 July 2021, 4–6 p.m.

23 July 2021, 4–6 p.m.

Workshop

## Daniela Georgieva and Hugo Le Brigand For Today I Am a Boy

“Every man and woman is a man and woman.”  
(Genesis Breyer P-Orridge)

In this workshop, the participants will experience dance as a movement inside and outside the body and follow the vision that it can bring about changes in our society. In simple movement exercises, we will playfully engage with the artworks in the exhibition and explore our own physical space. With exercises that stimulate the flow of energy, we will strengthen the perception of our own bodies and the surrounding space. This will give us the courage to accept our own body through dance. Every body is allowed to be, and the boundaries between gender identities will dissolve through movements.

24 July 2021, 4–4:30 p.m.  
25 July 2021, 4–4:30 p.m.

Performance

## Lisa Hellmich, Robert Schulz, Lukas Tobiassen & Marius Ledwig *mesh-me*

“My hair is not just hair.” For Lisa Hellmich, as a Black person, her hairstyle is always political, intentionally or unintentionally. The performance *mesh-me* is about her personal relationship with hairstyles using synthetic hair. She examines the influence of synthetic hair on her identity and the quality of her movement as a dancer. How does synthetic hair affect her self-perception, and how does the body react to the extra weight?

30 July 2021, 6–8 p.m.

Workshop

## And She Was Like: BÄM! and Mine Wenzel

“... on being gawked  
at and yet not seen

”

...

When do queer, non-normative bodies stop being objects on display, waiting to be consumed by the gaze of the majority? How can traditional practices of exhibiting be broken in order to reflect the viewers’ voyeuristic gaze? How can moments be created where the viewing takes place which disrupt established power dynamics and initiate processes between resistance, emancipation, and participation? In a workshop and talk, *And She Was Like: BÄM!*, represented by Luise Pilz (art historian and editor) along with the activist, artist, and educator Mine Wenzel and guests will critically explore these questions.

31 July 2021, 6–7 p.m.

Performance

## caner teker untitled

you say representation. i say experimentation.  
you say identity. i say multitude. you say shame.  
i say transformation. you say power. i say  
resistance. you say power. i say potency. you say  
power. we say consent. you say identity. we say  
disidentification. i say dead sheep body. you say  
shaving. i say ritual. you say theater. i say survival.  
you say labor. i say sex work. i say emotional  
labor. i say migrant labor. i say performance labor.  
they say labor. we say we don't want to produce.  
you say guilt. i say shame. you say victim. i say  
survivor. you say violence. i say violence.

1 August 2021, 5–6 p.m.

Performance

## Protogynous Collective (ISaAc Espinoza- Hidrobo, Julian Quentin, Christi Knak Tschaikowskaja) the manifold gender

A fashion show as a form of queer actionism:  
the landing in front of the entrance to the  
Kunsthalle Düsseldorf will become a catwalk.  
Six queer performers, including professional  
dancers, drag queens, models, and actors, will  
perform themselves. To this end, they engaged  
with the question of what constitutes the self.  
The clothes they wear were made according to  
their own ideas and self-image. Fashion emerges  
from them and flows with them – it becomes an  
expanded body.

Please note the coronavirus protective measures  
required by the state of North Rhine-Westphalia.

## Contact

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## Opening Hours

Tuesday – Sunday, public holidays:  
11 a.m. – 6 p.m.

On the second Sunday of the month:  
The Stadtwerke Düsseldorf invite to the Kunsthalle's Family day, free admission.

## Entrance

Adults: EUR 6  
Concessions: EUR 3  
Groups (10 or more): EUR 3  
Disabled people: free  
Young persons under age 18: free

## Using Public Transport

Underground: Heinrich-Heine-Allee  
U-Bahnen: U70, U71, U72, U73, U74, U75, U76,  
U77, U78, U79, U80, U83  
alight at Heinrich-Heine Allee

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